



THE **AMBITION** **PAGE.** (or, How to climb the Career Mountain) **no matter what your age, experience, wit or money status.**

Life is full of tempting ways to *waste time*. We are daily seduced by timewaster people and activities, our recreational habits, our fun addictions, like shopping, like collecting stuff we don't need, like talking on the phone or being carried downstream by pals who have their own somnambulistic, recreative agendas.

A little of all that goes a long way, wouldn't you agree? A long way to *getting in the way* of our work-related disciplines. We have ambitions, big ones, and what are we doing daily to make them real? ZIP! So let's ponder the scenery of our MIND with a pen in hand.

MAKE a list of your 'druthers' .. that's what you'd RATHER would happen. DO THAT BY GOING TO THE [BRAINSTORM PAGE](#). Then when you have your list in hand, check THIS LIST.

KNOW WHAT it is that YOU LOVE. KNOW WHAT YOU WOULD ADORE DOING OR BEING

LOVE MUSIC? CLEVER RAP? BECOME A DISK JOCKEY, FM RADIO. LOVE BOOKS? LOVE FILM?

BRAINSTORM UP YOUR LIFE DIRECTION

LOVE BUSINESS? MERCANTILISM/ IMPORT/ EXPORT? ARTISANRY?

GUERRILLA CAPITALISM sound interesting?

PART II. A FAST TRAVELING METEOR LIKE YOU NEEDS THE MAPS, BUT ALSO THE SPEED, THE INDEFATIGABLE AURA! SUCCESS comes VIA THE PHYSICAL BODY so, read some BODY TECH.

HOW TO REJUVENATE AND NOT AGE! THE HOLLYWOOD HOLISTIC HEALERS' SECRETS

Double your muscle power. Work out with weights. Build your wind. Get bleach bottles filled with sand, ankle weights. Eat spinach salad, folic acid and iron. Drench green, raw vegies in garlicky Olive oil, highly solarized. Between meals, fresh squeezed juices, rich in enzymes, vitamins, *prana!*

HOLISM teaches us much about ways to increase the piston power of the heart and brain. Bone up on accelerating your Brain chemistry.

TUNE INTO THE NEW AGE, PRACTICE A LITTLE MAGIC!

MYSTICAL CHAKRA POWER - Develop your third chakra CHI power. Third chakra is the ambition chakra. It's located in the belly. MARTIAL arts teaches you how to locate then expand its power. Rent that Hillary Swank movie or ROCKY Then find the KUNDALINI YOGA class in your city. ANYWHERE in the world, you'll see --- click on it.

BRAIN DISCIPLINES- There are **mental disciplines** that we can add to our daily schedule.

1.) Goal setting on paper or before a mirror. STARE RIGHT INTO YOUR OWN EYES! YOU ARE GOD so when you PROMISE GOD, look at yourself! Vows to yourself, verbal affirmations, not only setting goals but meditating or daydreaming on the future where you have attained certain things. Your work is in the marketplace, it earns you a great living, people consult you. Meditate as a daydream where you see all that. Get BRAIN HEALTH, while you're at it!

2.) THE POWER OF ENVY! SCOPE OUT THE OPPOSITION in a GOOD WAY. ADMIRING geniuses in your field, studying their work without negative envy, just wanting to 'do the job' better, and become as good as they were or better than your adored role model, is a big part of AMBITION. If you don't have any role models or aims in life it's hard. Then, you have to become conversant with the work of great artists, thinkers. Reading BARTLETT's QUOTATIONS can help you find thinkers

you admire. Novel-reading helps find artists. Non-Fiction reading helps the inner journalist find his bearing. Playing great music helps music students. (Corollary, the **power of RAGE**. Think of the people who crushed you, hurt you, ignored you. Say to yourself, "I'll show them." Add that to your daily meditation. if you're sane, a small dose of that won't turn you into TED BUNDY or CHARLIE MANSON! It will fire your pistons just a little more.)

3.) Identify YOUR ENEMIES! It is THE MOST FORMIDABLE discipline out there to recognize and block TIME WASTER HABITS, ACTIVITIES. Also, energy stealers like irritation, complaining, bitching, rage, screaming, phone calls, heavy foods, food allergins. TV watching, Junk book/flick addictions. STALE AIR.

4.) ADDICTIONS slow us down worse than anything! How to start upgrading them into preferences which then allows for substitutions occasionally..

FIRE UP YOUR PASSIONS

Find your original fascinations and/or passions, the ones that you had as a child. Make a list. Growing squash. Bee-keeping. Fishing. Surfing. Do these childish passion things as play again. Stroll museums, galleries, libraries, metaphysical book shops. You will scan, not necessarily buy books on great successes.

I like "SOUL's CODE" with the theme of the great artists' CHARACTER AND CALLING, written by JAMES HILLMAN, a JUNGIAN psychologist, philosopher who discovered the secrets of greatness in the biographies of the world's greatest artists, the secret of what made them explode into artistic self fulfillment as children. Do as they did.

READ THE SECRET from the OPRAH show. Read Tim Miller's "HOW TO WANT WHAT YOU HAVE" a buck at Abe books used.

"SECRET of HOW TO ORDER from them, VERY CHEAPLY"

BE A HERO- DECIDE THAT THE BORDERS OF AGEISM SHOULD BE MOVED NORTH

Decide to innovate in a way the youngsters aren't innovating. You have wisdom and spirituality. Kids don't. So move the borders of AGEISM. Today in Hollywood, they say that you can't make it if you're older than 25 or 30 years old. New unknown Writers have to get false driver's licenses to break in! That's better than in the old days, when you either made it by twenty or you fell by the wayside cuz at 25, you actually *WERE* old!

People in the Renaissance lived to thirty. BY Shakespeare's time, they lived to fifty and then, they were geriatrics. One total VEGAN in Britain, the world capital of over-cooking,, **GEORGE BERNARD SHAW**, went on a healthfood diet. And that in a world without tofu! He got himself so energetic that he scored a big job with a Newspaper doing play and concert reviews, sort of along the lines of what he loved. But that job wasn't his final FANCY.

He focused on what he really loved, those theatrical plays, and enhanced his interest in theatre by giving himself an overdose of that new and intoxicating philosophy, grabbing hold in Britain, then, SOCIALISM. Now, he wrote with his new, firing-up-on-all-pistons excess Jesus energy. Endemic Poverty in UK could be cured! He did so well that he got free of his daily grind job and exploded into PLAY WRITING with a socialist subtext and his witty, Irish top dressing. (He and fellow Shamrock Osar Wilde were the two wittiest men in England.) He hit instant prominence at age 40, nearly unheard of in the late 19th century. NOTE: the more fired up you are about our work and your mission, the longer you tend to live! Shaw wrote til his hundredth birthday and every line as bright as the first.

BE like that TV SHOW, "MY NAME IS EARL!" CLEAN UP YOUR past sins, VICES, PAST NEGLIGENCE, YOUR PAST TRACK RECORD

- Note how EARL goes around cleaning up his past sins. Make a list of what you have to fix, with those you sinned against, or just giving up those slovenly habits by VOWING. Vow is a clean up situaton. It's magic, too. It really works.

The MASTER JULES



speaking on THE
ART and SECRET OF AMBITION!

THE ART OF CLEAR THINKING by Master Jules

How TO CREATE IN REALITY, the way the SUPREME CREATOR
DOES

GETTING YOUR BUTT MOVING, the SECRET OF.....

SMART CHOICES

HOW TO MAKE EXTRA MONEY - THE GUERRILLA
CAPITALISM IDEAS ARCHIVE ART AND READY CASH

THE NEW AGE ARCHIVE (cuz magic helps)

AND FOR RAVING BEAUTIES, THE TRUE PATH

I run the free seminars for the **Master Jules**. HIS WEBSITE has more articles on climbing the mountain, having success. These were taped lectures; I transcribed these tapes. There are hundreds of them, I think I've put headset on and typed up 4 dozen out of two hundred.

I'm Anita Sands. Google my name. I write on Metaphysics. Guerilla Capitalism. Liberal leftist Activism. All the things the Master Jules taught me over forty years of study. Write me at astrology at earth link dot net. Astrology is the study of POWER HOURS. And DUD DAYS. When we know the power hours, we might schedule all our muscular LEAPS toward the career PINNACLE. And DUD DAYS which kind of lie there like a lox, we hang out, waste time. We recreate, then. We see pals, we shop for unimportant stuff.

But always, during the [power hours](#), we can read the TYPE of books or online files that are designed to align with and enhance our supra-aims. Then, they hit us like super fuels, go right to the brain. It can be that a MARS in Capricorn HOUR can trigger ambition, effectiveness, power to put your feet on the street. It can be that a Uranus in PISCES hour gives you meditative magic, and views into your own unconscious roll in as if by magic. Or, a JUPITER in Sagittarius link to Moon is a time when we show up as wise, formidable, and when we offer wisdom, our ideas not only are excellent but they are viewed as such.

Maybe we make appointments with the GATEKEEPERS for those hours. We see the VIPS. Or maybe we consider our living room seminar and work on its curriculum, or hold that seminar meeting. Or join with other people who do that thing. For instance, if you love the arts, film, TV, Is your DREAM JOB in HOLLYWOOD?

[ALL THE SECRETS of MAKING IT IN HOLLYWOOD!](#) (CLICK)

[SHOW BIZ](#), where BRIGHT PEOPLE CAN MOST EASILY AFFECT HISTORY AND POSTERITY. Click [here](#). it's a LIVE LINK, URL!

[WRITERS' INDEX](#)

[FILM INDEX](#)

You will be inspired by seeing how easy it is. **I did it**. At age 15, I started, by age 18 I had invented, then used my method for penetrating the big time corporations and it worked!. Here's me on **BONANZA**.



That's me on the left in the **RED DRESS**. At 15, I was in acting classes, at 18, I was in Theatre Arts at UCLA and had an agent a few months later. I got my 8x10's shot and made up as composites. I then proceeded to bake "You are My Bread and Butter" valentine gifts (champagne, home baked brown bread, butter, caviar,) for my agents. I went in to greet them at those long, boring afternoons on El Camino Drive in Beverly Hills where all the guys in the William Morris TV department sat cold calling studios. I went in with gossip sometimes, cards, poems, hellos. And they remembered me when STUDIOS put out the call. I went on interviews, dressed to the nines. I continued acting classes at all times. What do you think such ambition is made of? Flying calories? Inspiration, Muses? Ideas coming down from God? Partly Great teachers? Definitely, mine was Agnes Moorehead. She was a grand ole gal. Acerb wit, too. But is it a great teacher or Loving the subject, in this case, the movies? Yeah, glued to the TV with the ole B&W flicks. Or do you believe that **AMBITION** is a soul/ mind quality? Maybe you think it's some terrible greed and lust. Do you believe it's located in the body as a form of adrenalin, by which vigorous animals are propelled to HUNT? Or is it located in the body as a testosterone secretion? Do the young breeders excell at ambition as part of their peacock tail display mating dance? Is it something an **OLDER** peacock can develop or enhance? Maybe it's **KARMA**. Maybe we're born with **THE KARMA** to be an actress, or like you, a comic, writer, actor, producer. Maybe many lifetimes prepared you for that career you love and with a little bit of **FUEL**, you can be like Amadeus Mozart who played concerts at age 5.



For you, all of the above is true. But remember, what's wonderful and strange is that AMBITION grows in any healthy soil and it lives on all sides of the fence. Ambition is all these things and yes, ambition can be developed or if you once had it, doubled or enhanced and this is done in many very subtle ways.

There will be more articles every week! We comb the INTERNET for the best stuff on this subject, either in psychology or metaphysics, holism and even in new, unknown realms.



Anita Sands Hernandez